

Cleansing and nourishing the body - and mind - have been part of Moroccan culture since time immemorial. And the El Fenn spa is a sanctuary of peace, calm and relaxation. From hammams in our traditional tadelakt-lined steam room to fireside massages, our spa team is here to make sure you slow down, relax and replenish.

# MAISON D'ASA

Founded by Asma El Mernissi, Maison d'Asa is a Moroccan brand that uses only the finest organic ingredients. Every one is carefully selected for its benefits - from antioxidant properties to perfumes to envelop the senses. Morocco is rich in natural ingredients and Maison d'Asa has harnessed them to create beautifully natural products to soothe and replenish your skin.

# YOUR SPA EXPERIENCE

We advise arriving at the spa a few minutes before your appointment to begin the process of unwinding for your treatment. Or come a little earlier if you want to have a dip in our beautiful spa pool. Afterwards, relax on a daybed with a rose-infused cold towel and a selection of dried fruits with a refreshing herbal tea. It's the best way to let the massage oils do their work and also make the most of the deep state of relaxation your treatment will create. And if you can, don't shower for a few hours to really make the most of all the nourishment your skin has been given.



Hammam

Exfoliate and deeply hydrate your skin with Morocco's signature body ritual. All our hammams comprise of three core elements: a natural black soap exfoliation, moisturising clay body mask and sweet orange oil full body massage. Afterwards, relax on the day beds with a rose-infused cold towel and a selection of dried fruits with a refreshing herbal tea.

## **BERBER TRADITIONS**

45 MINUTES 1 PERSON - 750 MAD 60 MINUTES 2 PERSON - 1450 MAD

**Rejuvenating**. Eucalyptus & black soap exfoliation, orange blossom ghassoul body mask & sweet orange oil massage.

## MARRAKCHI MAGIC

45 MINUTES 1 PERSON - 850 MAD 60 MINUTES 2 PERSON - 1650 MAD

**Relaxing**. Lavender & black soap exfoliation, verbena green clay body mask & sweet orange oil massage.

#### EL FENN MAGNIFICENT RITUAL

60 MINUTES 1 PERSON - 1450 MAD

**Indulgent.** This treatment is for both the body and face. For the body: peppermint & black soap exfoliation, honey scrub, rose body mask & argan & sandalwood massage. For the face: argan & orange seed exfoliation, white clay face mask & prickly pear face moisturiser.

Massages

Leave your skin deeply moisturised and your body relaxed with one of our full body massages. The oils we use to nourish your skin contain only the finest local ingredients – from antioxidant rich argan to scent-infused jasmine.

#### REJUVENATING

# **60 MINUTES - 850 MAD**

A full body massage to relieve tension and nourish the skin with sweet orange oil.

## SOUVENIRS OF THE ORIENT

# **60 MINUTES - 850 MAD**

An invigorating massage using Balinese techniques with sandalwood and patchouli oils to stimulate and provide a sense of wellbeing.

# JASMINE RELAXATION

#### **60 MINUTES - 750 MAD**

A gentle and soothing body massage that deeply nourishes the body and calms the mind with Jasmine scented shea butter body balm.

Facials

All our facial treatments include exfoliation, cleanse and a moisture mask using 100% plant-based ingredients.

#### ARGAN REJUVENATION

# **60 MINUTES - 1100 MAD**

**Anti-ageing.** Anti-oxidant argan & plant hyaluronic acid deeply moisturize the face to restore its natural glow.

#### **PURITY AND GLOW**

## **60 MINUTES - 950 MAD**

**Cleansing**. A gentle treatment for problem skin that focuses on cleansing to leave it ready to regenerate.

# **INSTANT RADIANCE**

#### **30 MINUTES - 800 MAD**

**Radiance.** An express facial that includes a cleansing treatment, brigtening mask and facial massage.



Itands & Feet

### **MANICURE**

### 60 MINUTES - 400 MAD

Cuticle and nail shape, hand massage & varnish.

# **PEDICURE**

# **60 MINUTES - 500 MAD**

Cuticle and nail shape, exfoliate, foot massage & varnish.

Packages
We've curated these

We've curated these packages to make the most of the treatments we offer. Each one contains complimentary treatments that work in synergy to enhance their benefits. They're the ultimate in hydrating your skin and relaxing your body.

# **ARABIAN DREAM**

#### 3 HOURS 30 MINUTES - 3100 MAD

El Fenn Magnificent Ritual hammam followed by a Souvenirs of the Orient massage and Argan Rejuvenation facial.

#### ANCESTRAL MAGIC

# 120 MINUTES - 1550 MAD

Marrakshi Magic hammam followed by a Rejuvenating body massage.

Holistic Therapies

We partner with Root Holistic Center to offer personalised yoga and sound baths. From sunrise yoga on the rooftop to meditation under the branches of an orange tree in one of our courtyards, we'll tailor your experience to your exact needs.

# YOGA

Root offers six styles of yoga available as a one-to-one or two-to-one session with an instructor.

The forms of yoga that Root teaches include:

- Hatha
- Vinyasa
- Yin
- Yin Yang
- Nidra
- Ashtanga

#### SOUND HEALING

Sound baths with your choice of 24 instruments – including theta, crystal and Himalayan bowls as well as ocean drums. The experience can be both restorative and rejuvenating and can help to activate your auto-immune system, balance your chakras as well as release any body tension or stress.

To book, please speak to reception.

